

Southwestern Style Black Beans with Rice and Chicken

56% Less Sodium Than Dur Regular Apack Southwestern Style Chicken With Black Beans And Rice Kit Which Contains Southwestern Style Chicken With Black Beans And Rice Entrée, Fruit Flavored Candies, Fig Bar, Apple Jelly, Crackers, Toasted Corn Kernels, Lemonade Drink Mix, Peppermint Flavored Mint, Salt Packet, Seasoning Packet, Pepper. Sodium Content Has Been Reduced From 1179mg To 510mg Per 15.1 Dz.

Nutri Serving Size			cts
Amount Per Ser	ving		
Calories 109	0 Calor	ies from	Fat 210
		% Da	aily Value*
Total Fat 24g	3		37 %
Saturated	Fat 8g		40%
Trans Fat	1g		
Cholesterol	15mg		5 %
Sodium 510	mg		21 %
Total Carbohydrate 203g 68%			
Dietary Fib	ber 7g		28 %
Sugars 99	g		
Protein 16g			
Vitamin A 4%	• '	Vitamin (28%
Calcium 30%	•	lron 30%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500			
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydrat Dietary Fiber	Less than Less than Less than Less than te	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g



KIT INCLUDES: SOUTHWESTERN STYLE BLACK BEANS WITH RICE AND CHICKEN ENTRÉE, FRUIT FLAVORED CANDIES, FIG BAR, RAISINS, CRACKERS, SEASONING PACKET, PEPPER, SPORK, TOWELETTE, HEATER, SALT WATER FOR HEATER.

INGREDIENTS: SOUTHWESTERN STYLE BLACK BEANS WITH RICE AND CHICKEN ENTRÉE: WATER, PARBOILED LONG GRAIN RICE, CHICKEN, BLACK BEANS, FULLY REFINED SOYBEAN OIL, SUGAR, TOMATO PASTE, CONTAINS LESS THAN 2% DF: MODIFIED FOOD STARCH WITH ERYTHORBIC ACID. CHILI POWDER (CHILI PEPPER AND OTHER SPICES. SALT. DEHYDRATED GARLIC), DEHYDRATED RED BELL PEPPER, GARLIC POWDER, ONION POWDER, SPICE. FRUIT FLAVORED CANDIES: SUGAR, CORN SYRUP, HYDROGENATED PALM KERNEL OIL, LESS THAN 2% OF: CITRIC ACID. TAPIOCA DEXTRIN. MODIFIED CORN STARCH. NATURAL AND ARTIFICIAL FLAVOR, COLORS (RED 40 LAKE, TITANIUM DIOXIDE, RED 40, YELLOW 5 LAKE, YELLOW 5, YELLOW 6 LAKE, YELLOW 6, BLUE 2 LAKE, BLUE 1. BLUE 1 LAKE), SODIUM CITRATE, CARNAUBA WAX, FIG BAR: BLEACHED ENRICHED FLOUR ((WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN BI), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], FIGS CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SUGAR, WATER CORN FLOUR, PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SDYBEAN AND/OR COTTONSEED OIL), CERATEX CORN FLAKES. GELATINIZED CORN BINDER, SALT, AMMONIUM BICARBONATE, SODIUM BICARBONATE, SOY LECITHIN, CITRIC ACID, SODIUM BENZDATE AND POTASSIUM SORBATE AS PRESERVATIVES, ARTIFICIAL FLAVORS AND COLORS, AND ANNATTO COLORING. CONTAINS: WHEAT AND SOY. RAISINS: RAISINS, GLYCERINE, MEDIUM CHAIN TRIGLYCERIDES. CRACKERS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, CALCIUM CARBONATE, NUTRITIONAL YEAST (DRIED YEAST, THIAMIN, NIACIN, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN), AMMONIUM BICARBONATE, SALT, BAKING SODA, EXTRACT OF MALTED BARLEY AND CORN. SEASONING PACKET: ONION, GARLIC, SPICES, CARROT, ORANGE PEEL, PARSLEY, TOMATO, RED BELL PEPPER, CITRIC ACID, SOYBEAN OIL, NATURAL FLAVORS, MALTODEXTRIN AND LEMON JUICE SOLIDS. PEPPER.

NET WT 15.1 DZ (428g)

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Pasta with Garden Vegetables in Tomato Sauce

63% Less Sodium Than Our Regular Apack Pasta With Garden Vegetables In Tomato Sauce Kit Which Contains Pasta With Garden Vegetables In Tomato Sauce Entrée, Fruit Flavored Candies, Fig Bar, Apple Jelly, Crackers, Toasted Corn Kernels, Lemonade Drink Mix, Peppermint Flavored Mint, Salt Packet, Seasoning Packet, Pepper. Sodium Content Has Been Reduced From 1162mg To 430mg Per 15.1 Dz.

Nutrition Facts Serving Size 1 package			
Amount Per Serving			
Calories 1080 Calories from Fat 170			
% Daily Value*			
Total Fat 19g 29%			
Saturated Fat 7g 35%			
Trans Fat 1g			
Cholesterol 0mg 0%			
Sodium 430mg 18 %			
Total Carbohydrate 211g 70%			
Dietary Fiber 12g 48%			
Sugars 98g			
Protein 17g			
Vitamin A 20% • Vitamin C 8%			
Calcium 30% • Iron 40%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500			
Total FatLess than65g80gSaturated FatLess than20g25gCholesterolLess than300mg300mgSodiumLess than2,400mg2,400mgTotal Carbohydrate300g375gDietary Fiber25g30g			

KIT INCLUDES: PASTA WITH GARDEN VEGETABLES IN TOMATO SAUCE ENTRÉE, FRUIT FLAVORED CANDIES, FIG BAR, RAISINS, CRACKERS, SEASONING PACKET, PEPPER, SPORK, TOWELETTE, HEATER, SALT WATER FOR HEATER.

INGREDIENTS: PASTA WITH GARDEN VEGETABLES IN TOMATO SAUCE ENTRÉE: WATER, RED KIDNEY BEANS, ENRICHED ELBOW MACARONI (WHEAT FLOUR, EGG WHITES, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), TOMATO PASTE, CARROTS, CORN, FULLY REFINED SOYBEAN OIL, CONTAINS 2% OR LESS OF: MODIFIED FOOD STARCH WITH ERYTHORBIC ACID. SUGAR, SPICES. GARLIC POWDER, FRUIT FLAVORED CANDIES: SUGAR, CORN SYRUP, HYDROGENATED PALM KERNEL OIL, LESS THAN 2% OF: CITRIC ACID. TAPIOCA DEXTRIN, MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, COLORS (RED 40 LAKE, TITANIUM DIOXIDE, RED 40, YELLOW 5 LAKE, YELLOW 5, YELLOW 6 LAKE, YELLOW 6, BLUE 2 LAKE, BLUE 1, BLUE 1 LAKE), SODIUM CITRATE, CARNAUBA WAX, FIG BAR: BLEACHED ENRICHED FLOUR [(WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN BI), RIBOFLAVIN (VITAMIN B2), FOLIC ACID1, FIGS, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SUGAR, WATER, CORN FLOUR, PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/OR COTTONSEED DIL). CERATEX CORN FLAKES, GELATINIZED CORN BINDER. SALT, AMMONIUM BICARBONATE, SODIUM BICARBONATE, SOY LECITHIN, CITRIC ACID. SODIUM BENZDATE AND POTASSIUM SORBATE AS PRESERVATIVES, ARTIFICIAL FLAVORS AND COLORS, AND ΔΝΝΔΤΤΠ COLORING, CONTAINS WHEAT AND SOY, RAISINS: RAISINS, GLYCERINE, MEDIUM CHAIN TRIGLYCERIDES. CRACKERS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, CALCIUM CARBONATE, NUTRITIONAL YEAST (DRIED YEAST, THIAMIN, NIACIN, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN). AMMONIUM BICARBONATE, SALT, BAKING SODA, EXTRACT OF MALTED BARLEY AND CORN. SEASONING PACKET: ONION, GARLIC, SPICES. CARROT, ORANGE PEEL, PARSLEY, TOMATO, RED BELL PEPPER, CITRIC ACID, SOYBEAN OIL, NATURAL FLAVORS, MALTODEXTRIN AND LEMON JUICE SOLIDS PEPPER.

NET WT 15.1 DZ (428g)

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Pork with Sauce and Rice

43% Less Sodium Than Our Regular Apack Pork With Sauce And Rice Kit Which Contains Pork With Sauce And Rice Entrée, Fruit Flavored Candies, Fig Bar, Apple Jelly, Crackers, Toasted Corn Kernels, Lemonade Drink Mix, Peppermint Flavored Mint, Salt Packet, Seasoning Packet, Pepper. Sodium Content Has Been Reduced From 1020mg To 580mg Per 15.1 Dz.

Nutrit Serving Size	1 packa		cts
Amount Per Serv	ing		
Calories 1070) Calor	ries from	Fat 210
		% Da	aily Value*
Total Fat 24g			37 %
Saturated F	at 9g		45 %
Trans Fat 1	g		
Cholesterol 2	20mg		7 %
Sodium 580n	ng		24 %
Total Carbohydrate 201g 67%			
Dietary Fibe	er 6g		24 %
Sugars 100)g		
Protein 15g			
			2.001
Vitamin A 2%		Vitamin C	8%
Calcium 30%	•	Iron 30%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500			
Saturated Fat I Cholesterol I	Less than Less than Less than Less than	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g



KIT INCLUDES: PORK WITH SAUGE AND RICE ENTRÉE, FRUIT FLAVORED CANDIES, FIG BAR, RAISINS, CRACKERS, SEASONING PACKET, PEPPER, SPORK, TOWELETTE, HEATER, SALT WATER FOR HEATER.

INGREDIENTS: PORK WITH SAUCE AND RICE ENTRÉE: WATER, PORK. PARBOILED LONG GRAIN RICE, TOMATO PASTE, SUGAR, FULLY REFINED SOYBEAN DIL, CONTAINS 2% OR LESS OF: BROWN SUGAR, CHILI POWDER (CHILI PEPPER AND OTHER SPICES, SALT, DEHYDRATED GARLIC), VINEGAR MODIFIED FOOD STARCH WITH ERYTHORBIC ACID, ONION POWDER, GARLIC POWDER. FRUIT FLAVORED CANDIES: SUGAR, CORN SYRUP, HYDROGENATED PALM KERNEL OIL, LESS THAN 2% OF: CITRIC ACID, TAPIOCA DEXTRIN, MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, COLORS (RED 40 LAKE, TITANIUM DIDXIDE, RED 40, YELLOW 5 LAKE, YELLOW 5, YELLOW 6 LAKE, YELLOW 6, BLUE 2 LAKE, BLUE 1, BLUE 1 LAKE), SODIUM CITRATE, CARNAUBA WAX. FIG BAR: BLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN BI), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], FIGS, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SUGAR, WATER, CORN FLOUR, PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/OR COTTONSEED OIL), CERATEX CORN FLAKES, GELATINIZED CORN BINDER, SALT, AMMONIUM BICARBONATE, SODIUM BICARBONATE, SOY LECITHIN CITRIC ACID. SODIUM BENZDATE AND POTASSIUM SORBATE AS PRESERVATIVES, ARTIFICIAL FLAVORS AND COLORS, AND ANNATTO COLORING. CONTAINS WHEAT AND SOY. RAISINS: RAISINS, GLYCERINE, MEDIUM CHAIN TRIGLYCERIDES. CRACKERS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, CALCIUM CARBONATE, NUTRITIONAL YEAST (DRIED YEAST, THIAMIN, NIACIN, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN), AMMONIUM BICARBONATE, SALT, BAKING SODA, EXTRACT OF MALTED BARLEY AND CORN. SEASONING PACKET: ONION, GARLIC, SPICES, CARROT, ORANGE PEEL, PARSLEY, TOMATO, RED BELL PEPPER, CITRIC ACID, SOYBEAN OIL, NATURAL FLAVORS, MALTODEXTRIN AND LEMON JUICE SOLIDS. PEPPER.

NET WT 15.1 DZ (428g)

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Spaghetti with Italian Style Sauce and Meat

57% Less Sodium Than Our Regular Apack Spaghetti With Italian Style Meat Sauce Kit Which Contains Spaghetti With Italian Style Meat Sauce Entrée, Fruit Flavored Candies, Fig Bar, Apple Jelly, Crackers, Toasted Corn Kernels, Lemonade Drink Mix, Peppermint Flavored Mint, Salt Packet, Seasoning Packet, Pepper. Sodium Content Has Been Reduced From 1179mg To 510mg Per 15.1 Oz.

Nutrit Serving Size			cts	
Amount Per Serv	ring			
Calories 105	0 Calor	ies from	Fat 160	
		% Da	aily Value*	
Total Fat 18g			28 %	
Saturated F	Fat 9g		45 %	
Trans Fat 1	g			
Cholesterol 7	15mg		5 %	
Sodium 510n	Sodium 510mg 21 %			
Total Carboh	Total Carbohydrate 205g 68%			
Dietary Fib	er 7g		28 %	
Sugars 106	3g			
Protein 17g				
			. 450(
Vitamin A 6%	•	Vitamin (15%	
Calcium 35%	•	ron 30%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500				
Saturated Fat Cholesterol	Less than Less than Less than Less than e	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g	



KIT INCLUDES: SPAGHETTI WITH ITALIAN STYLE SAUCE AND MEAT ENTRÉE, FRUIT FLAVORED CANDIES, FIG BAR, RAISINS, CRACKERS, SEASONING PACKET, PEPPER, SPORK, TOWELETTE, HEATER, SALT WATER FOR HEATER.

INGREDIENTS: SPAGHETTI WITH ITALIAN STYLE SAUCE AND MEAT ENTRÉE: INGREDIENTS: WATER, TOMATO PASTE, ENRICHED SPAGHETTI (SEMOLINA (WHEAT), EGG WHITES, GLYCERYL MONOSTEARATE, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID) BEEF, SUGAR, MODIFIED FOOD STARCH WITH ERYTHORBIC ACID PARMESAN CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES SALT, ENZYMES), CONTAINS LESS THAN 2% OF: SALT, TEXTURED VEGETABLE PROTEIN (SOY FLOUR, CARAMEL COLOR), ONION POWDER, GARLIC POWDER, SPICES. FRUIT FLAVORED CANDIES: SUGAR, CORN SYRUP HYDROGENATED PAIM KERNEL DIL LESS THAN 2% DE- CITRIC ACID TAPIOCA DEXTRIN, MODIFIED CORN STARCH, NATURAL AND ARTIFICAL FLAVOR, COLORS (RED 40 LAKE, TITANIUM DIOXIDE, RED 40, YELLOW 5 LAKE, YELLOW 5, YELLOW 6 LAKE, YELLOW 6, BLUE 2 LAKE, BLUE 1, BLUE 1 LAKE), SODIUM CITRATE, CARNAUBA WAX, FIG BAR: BLEACHED ENRICHED FLOUR FOR FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN BI), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], FIGS, CORN SYRUP HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SUGAR, WATER, CORN FLOUR PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/OR COTTONSEED OIL), CERATEX CORN FLAKES, GELATANIZED CORN BINDER, SALT, AMMONIUM BICARBONATE, SODIUM BICARBONATE, SOY LECITHIN CITRIC ACID, SODIUM BENZDATE AND POTASSIUM SORBATE PRESERVATIVES, ARTIFICIAL FLAVORS AND COLORS, AND ANNATTO COLORING. CONTAINS WHEAT AND SOY. RAISINS: RAISINS, GLYCERINE MEDIUM CHAIN TRIGLYCERIDES. CRACKERS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN FOLIC ACID), PALM DIL, CALCIUM CARBONATE, NUTRITIONAL YEAST (DRIED YEAST, THIAMIN, NIACIN, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN) AMMONIUM BICARBONATE, SALT, BAKING SODA, EXTRACT OF MALTED BARLEY AND CORN. SEASONING PACKET: ONION. GARLIC. SPICES CARROT, ORANGE PEEL, PARSLEY, TOMATO, RED BELL PEPPER, CITRIC ACID, SOYBEAN OIL, NATURAL FLAVORS, MALTODEXTRIN AND LEMON JUICE SOLIDS, PEPPER.

NET WT 15.1 DZ (428g)

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Sweet and Sour Sauce with Rice and Chicken

41% Less Sodium Than Our Regular Apack Sweet And Sour Sauce With Chicken Kit Which Contains Sweet And Sour Sauce With Chicken Entrée, Fruit Flavored Candies, Fig Bar, Apple Jelly, Crackers, Toasted Corn Kernels, Lemonade Drink Mix, Peppermint Flavored Mint, Salt Packet, Seasoning Packet, Pepper. Sodium Content Has Been Reduced From 1020mg To 600mg Per 15.1 Oz.

Nutriti Serving Size 1			cts
Amount Per Servin	g		
Calories 1060	Calor	ies from	Fat 210
		% Da	aily Value*
Total Fat 23g			35%
Saturated Fa	t 8g		40 %
Trans Fat 1g			
Cholesterol 25	img		8%
Sodium 600mg	1		25 %
Total Carbohydrate 200g67%			
Dietary Fiber	5g		20%
Sugars 99g			
Protein 16g			
Vitamin A 25%	• \	Vitamin C	C 10%
Calcium 30%	•	ron 25%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500			
Saturated Fat Le Cholesterol Le	ss than ss than ss than ss than	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g



KIT INCLUDES: SWEET AND SOUR SAUCE WITH RICE AND CHICKEN Entrée, Fruit Flavdred Candies, Fig Bar, Raisins, Crackers, Seasoning Packet, Pepper, Spork, Towelette, Heater, Salt Water For Heater.

INGREDIENTS: SWEET AND SOUR SAUCE WITH RICE AND CHICKEN ENTRÉE: WATER, CHICKEN, PARBOILED LONG GRAIN RICE, CARROTS FULLY REFINED SOYBEAN OIL, SUGAR, MODIFIED FOOD STARCH WITH ERYTHORBIC ACID, CONTAINS 2% OR LESS OF: SOY SAUCE (WATER, SALT, HIGH FRUCTOSE CORN SYRUP, HYDROLYZED CORN AND SOY PROTEIN. CARAMEL COLOR, DEXTROSE, CITRIC ACID, SODIUM BENZDATE, GUAR GUM), PINEAPPLE JUICE CONCENTRATE, DEHYDRATED RED BELL PEPPER, VINEGAR, SPICE, GARLIC POWDER, FRUIT FLAVORED CANDIES: SUGAR, CORN SYRUP, HYDROGENATED PALM KERNEL OIL, LESS THAN 2% DF: CITRIC ACID, TAPIOCA DEXTRIN, MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, COLORS (RED 40 LAKE, TITANIUM DIOXIDE, RED 40, YELLOW 5 LAKE, YELLOW 5, YELLOW 6 LAKE, YELLOW 6, BLUE 2 LAKE, BLUE 1, BLUE 1 LAKE), SODIUM CITRATE, CARNAUBA WAX. FIG BAR: BLEACHED ENRICHED FLOUR ((WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN BI), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], FIGS, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SUGAR, WATER, CORN FLOUR, PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/OR COTTONSEED DIL), CERATEX CORN FLAKES, GELATINIZED CORN BINDER, SALT, AMMONIUM BICARBONATE, SODIUM BICARBONATE, SOY LECITHIN, CITRIC ACID, SODIUM BENZDATE AND POTASSIUM SORBATE AS PRESERVATIVES, ARTIFICIAL FLAVORS AND COLORS, AND ANNATTO COLORING. CONTAINS WHEAT AND SOY. RAISINS: RAISINS, GLYCERINE, MEDIUM CHAIN TRIGLYCERIDES. CRACKERS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM DIL, CALCIUM CARBONATE. NUTRITIONAL YEAST (DRIED YEAST, THIAMIN, NIACIN, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN), AMMONIUM BICARBONATE, SALT, BAKING SODA, EXTRACT OF MALTED BARLEY AND CORN. SEASONING PACKET: ONION, GARLIC, SPICES, CARROT, ORANGE PEEL, PARSLEY, TOMATO, RED BELL PEPPER, CITRIC ACID, SOYBEAN DIL, NATURAL FLAVORS, MALTODEXTRIN AND LEMON JUICE SOLIDS. PEPPER.

NET WT 15.1 DZ (428g)

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12205 007



Homestyle Vegetables in Sauce with Noodles and Chicken

59% Less Sodium Than Dur Regular Apack Homestyle Chicken With Noodles And Vegetables In Sauce Kit Which Contains Homestyle Chicken With Noodles And Vegetables In Sauce Entrée, Fruit Flavored Candies, Fig Bar, Apple Jelly, Crackers,Toasted Corn Kernels, Lemonade Drink Mix, Peppermint Flavored Mint, Salt Packet, Seasoning Packet, Pepper. Sodium Content Has Been Reduced From 1108mg To 450mg Per 15.1 Dz.

Nutrit Serving Size			cts	
Amount Per Servi	ing			
Calories 1060) Calor	ies from	Fat 230	
		% Da	ily Value*	
Total Fat 26g			40 %	
Saturated F	at 10g		50%	
Trans Fat 1	g			
Cholesterol 5	55mg		18%	
Sodium 450m	ng		19%	
Total Carboh	Total Carbohydrate 190g63%			
Dietary Fibe	er 6g		24 %	
Sugars 93g	I			
Protein 17g				
Vitamin A 45%	ά ι Ι	Vitamin (2.8%	
	-		0 /0	
Calcium 30%	•	ron 30%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500				
Saturated Fat L Cholesterol L	_ess than _ess than _ess than _ess than ⊋	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g	



KIT INCLUDES: HOMESTYLE VEGETABLES IN SAUCE WITH NODDLES AND CHICKEN ENTRÉE, FRUIT FLAVORED CANDIES, FIG BAR, RAISINS, CRACKERS, SEASONING PACKET, PEPPER, SPORK, TOWELETTE, HEATER, SALT WATER FOR HEATER.

INGREDIENTS: HOMESTYLE VEGETABLES IN SAUCE WITH NOODLES AND CHICKEN ENTRÉE: INGREDIENTS: WATER, CARROTS, ENRICHED PASTA (DURUM FLOUR (WHEAT), EGGS, EGG WHITES, GLYCERYL MONOSTEARATE, NIACIN, IRON [FERROUS SULFATE], THIAMIN MONONITRATE, RIBOFLAVIN AND FOLIC ACID), CHICKEN, PEAS, RENDERED CHICKEN FAT, ENRICHED FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS LESS THAN 2% OF: MODIFIED FOOD STARCH WITH ERYTHORBIC ACID, SUGAR, ONION POWDER, DEHYDRATED RED BELL PEPPER, WHITE PEPPER, GARLIC POWDER. FRUIT FLAVORED CANDIES: SUGAR, CORN SYRUP, HYDROGENATED PALM KERNEL DIL, LESS THAN 2% OF: CITRIC ACID, TAPIOCA DEXTRIN, MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, COLORS (RED 40 LAKE, TITANIUM DIOXIDE, RED 40, YELLOW 5 LAKE, YELLOW 5, YELLOW 6 LAKE, YELLOW 6, BLUE 2 LAKE, BLUE 1, BLUE 1 LAKE), SODIUM CITRATE, CARNAUBA WAX. FIG BAR: BLEACHED ENRICHED FLOUR ((WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN BI), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], FIGS, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, DEXTROSE, SUGAR, WATER, CORN FLOUR. PARTIALLY HYDROGENATED VEGETABLE SHORTENING (SOYBEAN AND/OR COTTONSEED OIL), CERATEX CORN FLAKES, GELATINIZED CORN BINDER, SALT, AMMONIUM BICARBONATE, SODIUM BICARBONATE, SOY LECITHIN, CITRIC ACID, SODIUM BENZDATE AND POTASSIUM SORBATE AS PRESERVATIVES, ARTIFICIAL FLAVORS AND COLORS, AND ANNATTO COLORING. CONTAINS WHEAT AND SOY. RAISINS: RAISINS, GLYCERINE, MEDIUM CHAIN TRIGLYCERIDES CRACKERS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM DIL, CALCIUM CARBONATE. NUTRITIONAL YEAST (DRIED YEAST, THIAMIN, NIACIN, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN), AMMONIUM BICARBONATE, SALT, BAKING SODA, EXTRACT OF MALTED BARLEY AND CORN. SEASONING PACKET: ONION, GARLIC, SPICES, CARROT, ORANGE PEEL, PARSLEY, TOMATO, RED BELL PEPPER, CITRIC ACID, SOYBEAN DIL, NATURAL FLAVORS, MALTODEXTRIN AND LEMON JUICE SOLIDS. PEPPER.

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